

Peanut Butter, Hemp, Chia, Oat Cookies

Ingredients:

1/1/2 rolled oats
1tsp baking powder
½ all-purpose flour (I mixed whole wheat and regular)
2tbs Chia seeds
2tbs Hemp seeds

1/4c coconut oil
1/2c brown sugar (I used 1/4 c brown sugar splenda)

3/4c peanut butter
2 eggs
1tsp vanilla
1/2c chocolate chips

Directions: Heat oven to 350 F

1. In medium bowl mix oats, baking powder, flour, chia and hemp seeds
2. In another bowl mix brown sugar and coconut oil until creamed (I usually soften the coconut oil in the microwave)
Add Peanut butter, eggs and vanilla
3. Slowly add oat mixture, chocolate chips and mix well
4. Please heaping teaspoon sized portion on a cookie tray and flatten
5. Bake for 12-14 minutes
6. Cool and enjoy