



CHRISTIE CLINIC
Medicine for Your Life

Patient Instructions

UPPER ENDOSCOPY

patient's name

date of procedure

time of arrival

You have been scheduled for an Upper Endoscopy. Please report to the **Front Desk** at **Provena Covenant Medical Center**, 1400 West Park Street, Urbana, IL 61801. **Be sure that someone is with you to drive you home.**

If you are unable to keep the appointment, please cancel at least 24 hours before your scheduled time by calling the Gastroenterology Department at 366-6162.

How do I prepare for the procedure?

One week before the exam, stop taking aspirin. Three days before the exam, stop taking Advil, Nuprin, Aleve and Ibuprofen. Tylenol is permitted. Please inform us if you are taking Coumadin or any diabetic medication.

On the morning of your exam:

Before 9:00 a.m., you may have a small cup of black coffee or hot tea, apple, grape or cranberry juice, iced tea or water. After 9:00 a.m., you may not have anything by mouth, except approved medications.

How long will it take?

The procedure will take 5-10 minutes. Plan on spending 2-3 hours at the hospital.

How do I get the results?

The hospital staff will give further instructions after the procedure.