

MEET YOUR *Psychotherapist...*



CONSTANCE M. STARK, MS, RD, MEd, LDN, LCPC

DEDICATED TO SERVICE

"I decided to become a medical provider due to my strong desire to be of service and help other people in need. I have strived to best serve my patients by attempting to provide a high quality of care and compassion."

MASTERS': Eastern Illinois University, Charleston,
Dietetics & Education/Guidance Counseling

BACHELOR'S: Eastern Illinois University, Charleston, Dietetics

REGISTERED: Registered Dietitian under American Dietetic Association

CERTIFIED: Certified Medical Researcher by the National Institutes of Health

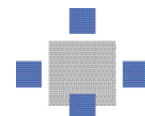
DEPARTMENT OF SPINE AND PAIN MANAGEMENT

As a psychotherapist in the Department of Spine and Pain Management, Ms. Stark counsels patients on issues revolving around chronic pain and other health issues they may be dealing with. She also counsels individuals who meet the diagnostic criteria for depression, anxiety, adjustment disorders, disordered eating, and bereavement.

Ms. Stark enjoys cooking, gardening, home decorating, antiquing, and activities with her friends and family. In addition, she likes to train dogs for use in therapeutic settings such as clinics, hospitals, or nursing homes.

"I think what has set me apart from other providers is my interest in new research and techniques, which has allowed me to incorporate creative treatment modalities. I have developed and implemented many new programs, which have been rewarding and have often provided a positive experience for my patients."

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