

MEET YOUR *Neurologist...*



"I try to treat all my patients as if they are my family and feel that they really are my family. I want to give them the best possible medicine. I believe my patients need to be informed to the utmost, and by informing patients they become much better patients."

JOHN S. HELFRICH, MD

WHY I BECAME A MEDICAL PROVIDER

"My father basically was a general practitioner and by his example and his unselfishness, and his caring for humanity, I decided to go into medicine."

RESIDENCY: Tufts New England Medical Center, Boston, MA

INTERNSHIP: Dartmouth Mary Hitchcock Hospital, Hanover, NH

MD: Loyola-Stritch University School of Medicine, Chicago, IL

BS: St. Michael's College, Winooski, VT

BOARD CERTIFICATION: Certified in Neurology by the American Board of Psychiatry, Board Certified in Neural Imaging (both Computerized Tomography and MRI) by the American Society of Neural Imaging

PROFESSIONAL MEMBERSHIPS: American Academy of Neurology, Illinois State Medical Society, Champaign County Medical Society, American Academy of Sleep Medicine

DEPARTMENT OF NEUROLOGY

As a member of Christie Clinic's Department of Neurology, Dr. Helfrich specializes in diagnosis and treatment of disorders and diseases of the central and peripheral nervous system, strokes, severe headaches, back problems, and seizures. Dr. Helfrich has also been a clinical instructor at the University of Illinois College of Medicine in Urbana-Champaign since 1976.

HOSPITAL AFFILIATION: Carle Foundation Hospital and Provena Covenant Medical Center

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