

MEET YOUR *Nurse Practitioner...*



MARY STECH, MSN, APN, CNP

WHY I CHOSE HEALTH CARE

"After the birth of my daughter I realized that I really enjoyed the entire birthing process. The nurse took care of everything and made the event a wonderful experience. I knew then I wanted to get into nursing. I worked 10 years as an RN in critical care before pursuing my Bachelor of Science in Nursing. Three years after obtaining my BSN I returned to school for my Master of Science in Nursing and Family Nurse Practitioner. I love what nursing brings to health care. We include the scientific aspect of medicine with the holistic approach to patient care."

MSN: Mennonite College of Nursing, Bloomington, IL

BSN: Mennonite College of Nursing, Bloomington, IL

CERTIFICATION: American Nurses Credentialing Center

PROFESSIONAL MEMBERSHIPS: Illinois Society of Advanced Practice Nurses, the Preventative Cardiovascular Nurses Association, and the American College of Nurse Practitioners

DEPARTMENTS OF CARDIOLOGY AND PULMONARY MEDICINE

As a member of Christie Clinic's Department of Cardiology, Ms. Stech works in collaboration with physicians to evaluate and treat patients with diseases of the heart and blood vessels.

In the Department of Pulmonary Medicine, she works with our pulmonologists to evaluate and care for patients suffering from diseases of the lungs and respiratory system. She also follows up with patients after sleep studies for the Department of Sleep Medicine.

Mary grew up not far from Champaign-Urbana. Her husband is a nurse anesthetist who understands her dedication and loyalty to her patients. Together they have two children who continue to further their education.

"I try to empower my patients to recognize that they can influence their health and well-being and that they have a say in their plan of care. I pride myself on being considerate and empathetic to all my patients. I always introduce myself and my role as their health care provider. I try to be available for any questions, and I try to assure that their questions are answered when they leave my office."

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