

MEET YOUR *Family Medicine Physician...*



CYNTHIA M. TROIANO, DO

WHY I CHOSE HEALTH CARE

"From the age of six I have been interested in what makes people ill and how to prevent diseases. I try to involve the patient in decisions as much as possible, knowing that this will affect overall outcomes. I love to listen to what the patient has to say."

INTERNSHIP: Normandy Osteopathic Hospital, St. Louis, MO, General Practice

DO: Chicago College of Osteopathic Medicine, Chicago, IL

CERTIFICATION: American Osteopathic Board of Family Physicians

DEPARTMENT OF FAMILY MEDICINE

Dr. Troiano diagnoses and treats non-surgical illnesses or disorders from infancy through adulthood and promotes wellness care for patients of all ages. She can take care of everything from school physicals to treating sore throats to diabetes management.

HOSPITAL AFFILIATION: Carle Foundation Hospital and Provena Covenant Medical Center

In her free time, Dr. Troiano enjoys traveling with her family, writing, reading, and bicycling.

"People have more influence on their well-being than they realize, even if genetics plays a role. Starting with childhood I try to get patients to take control over their individual health. Lifestyle and things happening in a patient's life can dramatically affect whether or not he has another heart attack, what type of diabetic control she may have, how difficult the blood pressure may be to treat, even what medical conditions develop."

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