

MEET YOUR

Pediatric Nurse Practitioner and Lactation Consultant...



THERESA HARDY, MSN, CPNP, IBCLC

A NOTE FROM A PARENT

"Thank you for the support, encouragement, and knowledge you gave us during our baby's first month of life. We are so thrilled that he is successfully breastfeeding. I've grown to view breastfeeding as a wonderful continuation of all the good parts of pregnancy. I love having our baby close to me knowing that I am nourishing him. It's all so amazing! We couldn't have done it without you." —Anonymous

MS: *Indiana University, Pediatric Nursing*

BS: *University of Illinois at Urbana-Champaign, Nursing*

CERTIFICATION: *National Association of Pediatric Nurse Associates and Practitioners and International Board Certified Lactation Consultant*

PROFESSIONAL MEMBERSHIPS: *National Association of Pediatric Nurse Associates and Practitioners, Sigma Theta Tau (International Nursing Honor Society), International Lactation Consultant Association*

DEPARTMENT OF PEDIATRICS

As a nurse practitioner and internationally certified lactation consultant, Theresa provides comprehensive health care and breastfeeding support for newborns in pediatrics through the first month of life and beyond. Theresa is able to treat mothers for breast infections and mothers and babies for thrush; order and interpret labs; prescribe or recommend herbs or medications for low milk supply; and manage other complex breastfeeding situations, including multiple birth, adoptive nursing, and prematurity.

A longtime resident of the Champaign area, Theresa enjoys spending time with family and friends, particularly her daughters, Alexa and Alina. She can often be found cheering them on at their sporting events and also enjoys perennial gardening, photography, and travel.

"In my dual roles as newborn nurse practitioner and Internationally Board Certified Lactation Consultant, I find it extremely rewarding to provide new parents with the information, skills, and support they need to navigate the biggest role change in their lives with confidence. Parents truly appreciate a holistic approach that addresses their newborns' medical issues, understanding infant behavior and cues, as well as feeding issues. They also appreciate that I am available as a resource and support for breastfeeding through baby's first year and beyond."

Theresa Hardy, MSN, CPNP, IBCLC
Department of Pediatrics
Christie on Windsor
1801 West Windsor Road
Champaign, IL 61822
217.366.1257 Telephone
217.366.6110 Fax



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