

Stay Connected & Healthy with Christie Clinic CareSignal!



Messaging Available for Any Type of Phone



How Does Christie Clinic CareSignal Work?

- Christie Clinic CareSignal helps you stay healthy from the comfort of your home.
- This program is free to you with no additional costs.
- All you need is a phone to participate in Christie Clinic CareSignal.
- You will receive weekly messages or phone calls asking about your condition specific symptoms.
- Get immediate help from a Christie Clinic Nurse if you respond with worsening symptoms or health concerns.
- Christie Clinic CareSignal messages or phone calls arrive at a time that you choose. It only takes a few minutes each week to respond to messages.
- **Be sure to respond at least once a month to be eligible to win gift cards!**

Why Should I Enroll?

- It's a great way to stay connected with your Christie Clinic Care Team between provider appointments.
- **Enrolling in the program will help you & your Christie Clinic Care Team better manage your health.**
- We can support you with the following:
 1. Breathing Quality (COPD)
 2. Blood Pressure
 3. Blood Sugars
 4. Heart Health

How Do I Enroll?

- In the coming weeks, you will get a phone call or a text message to help you enroll in Christie Clinic CareSignal.
- To enroll, simply answer our call or reply to the text message.

Example Messages

