

## Meet Your Internal Medicine Physician

# Stephen L. Kindred, MD



### Why I Chose Health Care

I chose healthcare to serve my patients in a holistic manner.

### Residency

Mayo Clinic, Rochester, MN  
Spectrum Emergency Care, Inc.

### Medical School

University of Illinois College of Medicine, Peoria, IL

### Certification

Board Certified in Internal Medicine

### Hospital Affiliation

Carle BroMenn Medical Center

### Department of Internal Medicine

In the Department of Internal Medicine, Dr. Kindred provides comprehensive medical care for patients 18 years and older with an emphasis on wellness and preventative care.

*I am the proud father of 6 children and 10 grandchildren. I have been blessed to be married to my dear wife, Lisa, for 35 years. I love the outdoors: hiking, golfing, and traveling to see our wonderful country.*

*The most important part of medicine is to listen to the patient and really get to know them. That engenders trust in a relationship that is very important for the patient's healthcare needs.*

