

Meet Your Physical Therapist

Mikaela Antonacci, PT, DPT



Why I Chose Health Care

I was inspired to get into health care from my mom. My mom has been a nurse all of my life and I was always amazed by the work she did. I became interested in physical therapy specifically after being an athlete in high school.

Education

Doctor of Physical Therapy, Bradley University, Peoria, IL
Bachelor's Degree in Kinesiology, University of Illinois at Urbana-Champaign, Urbana, IL

Certifications

Pelvic Health Physical Therapy Level 1

Professional Memberships

American Physical Therapy Association

Department of Physical Therapy

In the Department of Physical Therapy, she provides exceptional care to patients by helping them build endurance, advance muscular strength, increase flexibility, and restore body movement and function.

Outside of work I enjoy spending time with my Fiancé and our pets, scrapbooking, watching movies, and learning how to play golf!

I was drawn to pelvic floor physical therapy due to the huge impact it can make in people's lives. I love educating patients on their pelvic health and specializing treatments to help them reach their goals.

