Clean Pumpkin Dip

**4 oz** Light cream cheese, softened to room temp [1]

**1/2 cup** Pumpkin

**1 1/2 tsp** Cinnamon

**1 1/2 tsp** Pumpkin pie spice

**1/8 tsp** Salt

**1 tsp** Vanilla extract

**1/2 cup** Baking stevia or 1 cup sweetener of choice that measures like sugar

**1 cup** Tru Whip Topping (or whipped topping such as Cool Whip)

In a medium bowl for best results, mix everything together with a hand held mixer or kitchen aid mixer until well combined and mixture is creamy with no lumps.

Fold in whipped topping with a spatula until just combined. Top with cinnamon or crushed gingersnaps if desired. Serve cold with gingersnaps, graham crackers, apple slices, or whatever you choose.