

Meet Your Physical Therapist

Maria Wondra, PT, DPT, WCS, CLT-LANA



I appreciate feeling I am an advocate for women, in particular in an area where women are more likely to just accept what is happening to their bodies due to society deeming their dysfunction as "normal".

Why I Chose Health Care

"I enjoy helping people feel they are fully participating in their lives in whatever capacity I can."

Education

Doctorate of Physical Therapy, Governors State University, University Park, IL

Health and Human Services, Nutrition Minor, Northern Illinois University, Dekalb, IL

Certification

WCSC

LT-LANA

Professional Memberships

APTA

LANA

Areas of Specialization

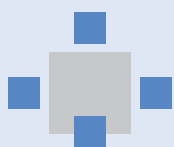
Women's Health Clinical Specialist

Lymphedema Therapist

Department of Physical Therapy

In the Department of Physical Therapy, Maria evaluates and treats patients with incontinence, pelvic pain, dyspareunia, pelvic organ prolapse, recto-sphincteric dyssynergia, constipation and other pelvic floor dysfunctions; women pre and postpartum; and lymphedema or other musculoskeletal dysfunctions post breast and gynecologic cancers, as well as primary lymphedema.

In my spare time, I love cooking, gardening, watching football, and getting time with my family.



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