

Meet Your Physical Therapist

Sarah Jo Bouton PT, DPT



Why I Chose Health Care

"The human body is a working miracle and when I get the chance to help someone be able to have improved function and increased quality of life, it makes me happy and brings me a lot of joy."

DPT

Belmont University, Nashville, TN

BS

Lewis University, Romeoville, IL, majoring in biology and minoring in biochemistry and chemistry; graduated cum laude

Certification

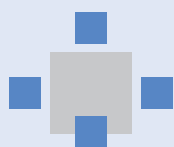
LSVT, CPR

Department of Physical Therapy

In the Department of Physical Therapy, Sarah Jo treats patients with a wide range of rehabilitative needs and specializes in Orthopedics, Sports Rehabilitation, Parkinson's Disease and neurologic rehabilitation.

I love spending time with my family, including my 2 rambunctious kids as well as volunteering, playing soccer, spending a lot of time outdoors and cheering for the Cubs.

Helping people has always been a passion of mine and when it came to picking a career it just made sense to choose something where I could positively impact people's lives every day.



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